Wellbeing Walks



South Holland and surrounding area

MONDAY

Spalding, 10.30am - Spalding Constitutional Club, 11 Broad Street, PE11 1TB

TUESDAY

Donington, 10.30am - Ruby Hunt Centre, Church Street, PE11 4UA

Moulton, 10.30am - Village Hall, Broad Lane, PE12 6PN

Sutton Bridge, 10.30am (alternate Tuesdays*) - Curlew Centre, Bridge Rd, Sutton Bridge, PE12 9SA.2023

Gosberton, 11am - Gosberton Baptist Church, Spalding Rd, PE11 4NP.

 Dec
 10th

 Jan
 7th`
 21st

 Feb
 4th
 18th

 Mar
 4th
 18th

WEDNESDAY

Crowland, 10.45am - Crowland Methodist Church, Reform Street, PE6 0AN

THURSDAY

Holbeach, 10.30am - United Services Club, 50 Church Street, PE12 7LL

FRIDAY

Long Sutton, 10.30am - Long Sutton British Legion Hall, West Street, PE12 9BN

Ayscoughfee Gardens, 11am — St Marys & St Nicholas Church Hall, next to the Vista, Spalding, PE11 2RA



Join our free and friendly short walk



At your own pace and suitable for all abilities



Friendship, fresh air and fitness



For more info contact: T: 01522 544 632 E: wellbeingwalks@lincolnshire.coop

W: lincolnshire.coop/wellbeing-walks

^{*}Sutton Bridge dates 2024/2025 -