# **Wellbeing Walks**



# South Holland and surrounding area

## **MONDAY**

Spalding, 10.30am - Spalding Constitutional Club, 11 Broad Street, PE11 1TB

# **TUESDAY**

Donington, 10.30am - Ruby Hunt Centre, Church Street, PE11 4UA

Moulton, 10.30am - Village Hall, Broad Lane, PE12 6PN

Sutton Bridge, 10.30am (alternate Tuesdays\*) - Curlew Centre, Bridge Rd, Sutton Bridge, PE12 9SA

Gosberton, 11am (alternate Tuesdays\*) - Gosberton Baptist Church, Spalding Rd, PE11 4NP

\*Sutton Bridge and Gosberton walk dates - 2024

January 9<sup>th</sup> 23<sup>rd</sup> February 6<sup>th</sup> 20<sup>th</sup> March 5<sup>th</sup> 19th

### WEDNESDAY

Crowland, 10.45am - Crowland Methodist Church, Reform Street, PE6 0AN

Sutterton, 11am commencing 3/1/2024 fortnightly - Park Lodge, Park Avenue, Sutterton, PE20 2JE

# **THURSDAY**

Holbeach, 10.30am - United Services Club, 50 Church Street, PE12 7LL

### **FRIDAY**

Long Sutton, 10.30am - Long Sutton British Legion Hall, West Street, PE12 9BN

Ayscoughfee Gardens, 11am — St Marys & St Nicholas Church Hall, next to the Vista, Spalding, PE11 2RA



Join our free and friendly short walk



At your own pace and suitable for all abilities



Friendship, fresh air and fitness



For more info contact: T: 01522 544 632 E: wellbeingwalks@lincolnshire.coop

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