

# Health Walks In South Holland



## MONDAY

**Spalding** - 10.30am

Spalding Constitutional Club, 11 Broad Street, PE11 1TB

## TUESDAY

**Donington** - 10.30am

Ruby Hunt Centre, Church Street, PE11 4UA

## WEDNESDAY

**Crowland** - 10.45am

Crowland Methodist Church, Reform Street, PE6 0AN

## THURSDAY

**Holbeach** - 10.30am

United Services Club, 50 Church Street, PE12 7LL





## FRIDAY

**Long Sutton** - 10.45am

Long Sutton British Legion Hall, West Street, PE12 9BN

**Ayscoughfee Gardens** - 11am

Ayscoughfee Hall Café, Churchgate, PE11 2RA

-  Join our free and friendly short walk
-  At your own pace and suitable for all abilities
-  New Covid safe systems in place
-  Friendship, fresh air and fitness

**For more information contact:**

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