

Health Walks In South Kesteven



MONDAY

Caythorpe Strollers and Striders - 10am
Hammond Pavilion, Old Lincoln Road, NG32 3DF

Striders walk 60 – 90 minutes
Strollers walk 50 – 60 minutes
Stragglers walk – 30 minutes

The first Monday of each month is an away walk and car share is available.
Please contact one of the walk leaders for further details –
Gordon & Margaret 07779 214209 / Andrew 07834 338949

Ancaster Strollers -10am
Ancaster Playing Fields, Ermine Street, NG32 3QL

WEDNESDAY

Ancaster - 10am
Ancaster Playing Fields, Ermine Street, NG32 3QL





The group frequently have away walks and car share is available from the Ancaster Playing Field.
Please contact one of the walk leaders for details and a walk programme –
Jan Barratt 07500-362477 / Brian Squires 07783 374309

Grantham “Best Foot Forward” Walk Group – 1pm
Manners Street Community Room, NG31 8AR

FRIDAY

Grantham “Funky Feet” Walk Group - 10am
Wyndam Park Band Stand, Wyndam Park, 3 Hill Avenue, NG31 9BA

The group frequently have away walks and car share is available.
Please contact one of the walk leaders for details and a walk programme –
Sue Ellison 01476 560569 / Jill Short 07397 186590

-  Join our free and friendly short walk
-  At your own pace and suitable for all abilities
-  New Covid safe systems in place
-  Friendship, fresh air and fitness

For more information contact:

T: 01522 544632 E: healthwalks@lincolnshire.coop

