

Wellbeing Walks



North Kesteven

MONDAY (excludes bank holidays)

North Hykeham, 10am - One NK Leisure Centre (inside foyer), Moor Lane, LN6 9AX

Whisby Visually Impaired Walk, 10.30am - Whisby Nature Park,
Natural World Centre, Moor Lane, LN6 9BW

TUESDAY

Walcott, 9.30am - (1st & 3rd Tuesday of every month). St Oswald's Church, High Street, LN4 3SW

Martin, 9.30am - (2nd & 4th Wednesday of every month). Village Hall, High Street, LN4 3QT

Heckington, 10.30am – St Andrews Church, NG34 9RF

Leasingham, 11am – Village Hall, Chapel Lane, NG34 8GQ

Sleaford, 1.10pm – The Hub, Navigation Wharf, NG34 7TW

WEDNESDAY

Ruskington, 1.30pm – Church Bridge, by All Saints Church. Chapel Street, NG34 9DX

THURSDAY

Waddington, 10am – Village Hall, Mere Road, LN5 9NX

Branston, 10am - (1st and 3rd Thursday of every month). Village Hall, Lincoln Road, LN4 1NS

Skellingthorpe, 11am - Community Centre, Lincoln Road, LN6 5UT




Sleaford, 1.30pm – Leisure Centre car park, Boston Road, NG34 7HH

FRIDAY

Metheringham, 10am – Sports Pavilion, Princes Street, LN4 3DE

Navenby, 10.15am – The Venue, Grantham Road, LN5 0JJ

Whisby, 10.30am - Whisby Nature Park, Natural World Centre, Moor Lane, LN6 9BW

-  Join our free and friendly short walk
-  At your own pace and suitable for all abilities
-  Friendship, fresh air and fitness



For more info contact: T: 01522 544 632 E: wellbeingwalks@lincolnshire.coop
W: lincolnshire.coop/wellbeing-walks