

Wellbeing Walks



North Kesteven

MONDAY

North Hykeham 10am - One NK Leisure Centre, Moor Lane, LN6 9AX

Whisby Visually Impaired Walk 10.30am (Alternate Mondays)

Whisby Nature Park, Natural World Centre, Moor Lane, LN6 9BW

TUESDAY

Walcott 9.30am (1st and 3rd Tuesday of each month)

St Oswald's Church, High Street, LN4 3SW

North Hykeham 10am – North Hykeham Memorial Hall, Newark Road, LN6 9RY

Heckington 10.30am – St Andrews Church, NG34 9RF

Leasingham 11am – Village Hall, Chapel Lane, NG34 8GQ

Sleaford 1.10pm – The Hub, Navigation Wharf, NG34 7TW

WEDNESDAY

Ruskington 1.30pm – Church Bridge, by All Saints Church. Chapel Street, NG34 9DX

THURSDAY

Waddington 10am – Village Hall, Mere Road, LN5 9NX

Branston 10am (1st and 3rd Thursday of each month)

Village Hall, Lincoln Road, LN4 1NS

Skellingthorpe 11am - Community Centre, Lincoln Road, LN6 5UT




Sleaford 1.30pm – Leisure Centre, Boston Road, NG34 7HH

FRIDAY

Navenby 10.15am – The Venue, Grantham Road, LN5 0JJ

Metheringham 10am – Sports Pavilion, Princes Street, LN4 3DE

Whisby 10.30am - Whisby Nature Park, Natural World Centre, Moor Lane, LN6 9BW

-  Join our free and friendly short walk
-  At your own pace and suitable for all abilities
-  Friendship, fresh air and fitness



For more info contact: T: 01522 544 632 E: wellbeingwalks@lincolnshire.coop
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