

# Health Walks In North Kesteven



## MONDAY

**North Hykeham** 10am - One NK Leisure Centre, Moor Lane, LN6 9AX

**Whisby Visually Impaired Walk** 10.30am (Alternate Mondays) – Whisby Nature Park, Natural World Centre, Moor Lane, LN6 9BW

## TUESDAY

**North Hykeham** 10am – North Hykeham Memorial Hall, Newark Road, LN6 9RY

**Heckington** 10.30am – St Andrews Church, NG34 9RF

**Leasingham** 11am – Village Hall, Chapel Lane, NG34 8GQ

**Sleaford** 1.10pm – The Hub, National Centre for Craft and Design, Navigation Wharf, NG34 7TW

## WEDNESDAY

**Ruskington** 1.30pm – Church Bridge, by All Saints Church. Chapel Street, NG34 9DX

## THURSDAY

**Waddington** 10am – Village Hall, Mere Road, LN5 9NX

**Skellingthorpe** 11am - Community Centre, Lincoln Road, LN6 5UT





**Sleaford** 1.30pm – Leisure Centre, Boston Road, NG34 7HH

## FRIDAY

**Navenby** 10.15am – The Venue, Grantham Road, LN5 0JJ

**Metheringham** 10am – Sports Pavilion, Princes Street, LN4 3DE

**Whisby** 10.30am - Whisby Nature Park, Natural World Centre, Moor Lane, LN6 9BW

-  Join our free and friendly short walk
-  At your own pace and suitable for all abilities
-  New Covid safe systems in place
-  Friendship, fresh air and fitness

**For more information contact:**

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