

NORTH KESTEVEN

Wellbeing Walks



MONDAY

North Hykeham, 10am

One NK Leisure Centre (inside foyer), Moor Lane, LN6 9AX

Whisby Visually Impaired, 10.30am

Whisby Nature Park, Natural World Centre, Moor Lane, LN6 9BW

TUESDAY

Heckington, 10.30am

St Andrews Church, Heckington, NG34 9RF

Sleaford, 1.10pm

The Hub, Navigation Wharf, NG34 7TW

WEDNESDAY

Ruskington, 1.30pm

Church Bridge, by All Saints Church, Chapel Street, NG34 9DX

Walcott, 9.30am

(1st & 3rd Wednesday of the month). St Oswald's Church, High Street, LN4 3SW

- ✓ Free and friendly short walks in your area
- 🔗 At your own pace and suitable for all abilities
- ☀️ Friendship, fresh air and fitness
- 💬 No pre-booking needed
- ✚ Over 80 weekly walks across Lincolnshire & Nottinghamshire
- 👟 Suitable footwear and clothing advised



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THURSDAY

Waddington, 10am

Village Hall, Mere Rd, LN5 9NX

Branston, 10am

(2nd & 4th Wednesday of the month). Village Hall,
High Street, LN4 3QT

Skellingthorpe, 11am

Community Centre, Lincoln Rd, LN6 5UT

Sleaford, 1.30pm

Leisure Centre Car Park, Boston Rd, NG34 7HH

FRIDAY

Metherringham, 10am

Sports Pavilion, Princes Street, LN4 3DE

Navenby, 10.15am

The Venue, Grantham Rd, LN5 0JJ

Whisby, 10.30am

Whisby Nature Park, Natural World Centre, Moor
Lane, LN6 9BW

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