

# Health Walks







## In Newark & Nottinghamshire

### TUESDAY

**Collingham** – 10am (2<sup>nd</sup> and 4<sup>th</sup> Tuesday of every month)  
Lincolnshire Co-op Food Store  
High Street, Collingham, NG23 7LB

### WEDNESDAY

**Ollerton** – 10am (1<sup>st</sup> Wednesday of every month)  
Hop Pole Hotel, Main St, Ollerton, NG22 9AD

-  Join our free and friendly short walk
-  At your own pace and suitable for all abilities
-  New Covid safe systems in place
-  Friendship, fresh air and fitness

**For more information contact:**

**T: 01522 544632 E: [healthwalks@lincolnshire.coop](mailto:healthwalks@lincolnshire.coop)**

