

# Health Walks In & around Lincoln



## MONDAY

**North Hykeham** 10am - One NK Leisure Centre, Moor Lane, LN6 9AX

**Uphill Lincoln** 10am - Castle Hill Club, Castle Square, LN1 3AA

**Whisby Visually Impaired Walk** 10.30am (Alternate Mondays) - Whisby Nature Park, Natural World Centre, Moor Lane, LN6 9BW

**Welton** 1pm - Black Bull Pub, Lincoln Road, LN2 3HZ

## TUESDAY

**North Hykeham** 10am - North Hykeham Memorial Hall, Newark Road, LN6 9RY

**Uphill Lincoln** 10.45am - Yarborough Leisure Centre, Riseholme Road, LN1 3SP

**Nettleham** 1pm - The Community Hub, East Street, Nettleham, LN2 2SL

## WEDNESDAY

**Boultham Sensory Stroll** 10am - Second Wednesday of every month, Boultham Park House Care Home, Rookery Lane, LN6 7PH (meets at the back gate adjoining the park)

**Hartsholme** 1pm - Hartsholme Park Café, Skellingthorpe Road, LN6 0EY

## THURSDAY

**Cherry Willingham** 10am - Rosie Lea's Café, The Parade, LN3 4JL

**Boultham Park** 10am - Main gate opposite the library, Boultham Park, LN6 7ST

**Waddington** 10am - Village Hall, Mere Road, LN5 9NX





**Skellingthorpe** 11am - Community Centre car park, Lincoln Road, LN6 5UT

**Nettleham Sensory Stroll** 12pm - First Thursday of every month, Nettleham Village Hall, Brookfield Avenue, LN2 2SS

## FRIDAY

**Whisby** 10.30am - Whisby Nature Park, Natural World Centre, Moor Lane, LN6 9BW

**Birchwood** 1pm - Active Nation Leisure Centre, Birchwood Avenue, LN6 0JE

-  Join our free and friendly short walk
-  At your own pace and suitable for all abilities
-  New Covid safe systems in place
-  Friendship, fresh air and fitness

**For more information contact:**

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