

Wellbeing Walks

In and around Lincoln



MONDAY

North Hykeham 10am - One NK Leisure Centre, Moor Lane, LN6 9AX

Uphill Lincoln 10am – Castle Hill Club, Castle Square, LN1 3AA

Whisby Visually Impaired Walk 10.30am (Alternate Mondays) – Whisby Nature Park, Natural World Centre, Moor Lane, LN6 9BW

Welton 1pm - Black Bull Pub, Lincoln Road, LN2 3HZ

TUESDAY

North Hykeham 10am – North Hykeham Memorial Hall, Newark Road, LN6 9RY

Uphill Lincoln 10.45am - Yarborough Leisure Centre, Riseholme Road, LN1 3SP

Nettleham 1pm - The Community Hub, East Street, Nettleham, LN2 2SL

WEDNESDAY

Boultham Sensory Stroll 10am – (2nd Wednesday of every month) Boultham Park House Care Home, Rookery Lane, LN6 7PH (meets at the back gate adjoining the park)

Hartsholme 1pm - Hartsholme Park Café, Skellingthorpe Road, LN6 0EY

THURSDAY

Cherry Willingham 10am - Rosie Lea's Café, The Parade, LN3 4JL

Branston 10am (1st and 3rd Thursday of each month) - Village Hall, Lincoln Road, LN4 1NS

Boultham Park 10am – Main gate opposite the library, Boultham Park, LN6 7ST

Waddington 10am – Village Hall, Mere Road, LN5 9NX




Skellingthorpe 11am - Community Centre car park, Lincoln Road, LN6 5UT

Nettleham Sensory Stroll 12pm (1st Thursday of every month) - Nettleham Village Hall, Brookfield Avenue, LN2 2SS

FRIDAY

Whisby 10.30am - Whisby Nature Park, Natural World Centre, Moor Lane, LN6 9BW

Birchwood 1pm - Active Nation Leisure Centre, Birchwood Avenue, LN6 0JE

-  Join our free and friendly short walk
-  At your own pace and suitable for all abilities
-  Friendship, fresh air and fitness



For more info contact: T: 01522 544 632 E: wellbeingwalks@lincolnshire.coop
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