

LINCOLN & Surrounding area

Wellbeing Walks



MONDAY

North Hykeham, 10am

Inside foyer at ONE NK, Moor Lane, LN6 9AX

Whisby Visually Impaired, 10.30am

Whisby Nature Park, Moor Lane, LN6 9BW

Hartsholme Park Progression Walk, 10.30am (1st Mon of the month).

Hartsholme Park, Outside Rangers Office,
Skellingthorpe Rd, LN6 0EY (suitable for
intermediate walkers).

Castle Square, 1pm

Castle Square, 1 Exchequer Gate, Lincoln, LN2
1PZ

Boultham (CVS & LCC), 10am

St Peter's Avenue, Boultham Park Entrance,
Lincoln

TUESDAY

Yarborough, Uphill Lincoln, 10.45am

Outside Yarborough Leisure Centre, Riseholme
Rd, LN1 3SP

Lincoln Roman History, 2pm (2nd Tues of the month).

9 Castle Square (outside tourist information)
LN1 3AA

- ✓ Free and friendly short walks in your area
- 🔗 At your own pace and suitable for all abilities
- ☀️ Friendship, fresh air and fitness
- 💬 No pre-booking needed
- ✚ Over 80 weekly walks across Lincolnshire & Nottinghamshire
- 👟 Suitable footwear and clothing advised



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WEDNESDAY

Hartsholme Park, 1pm

Outside Rangers Office, Skellingthorpe Rd, LN6 OEY

THURSDAY

Arboretum Walk, 10.30am

Abbey Access Café, Arboretum Lodge, Monks Rd, LN2 5HU

Skellingthorpe, 11am

Community Car Park, Lincoln Rd, LN6 5UT

Boultham Park Respiratory Stroll, 1.30pm (1st & 3rd Thurs of the month).

Outside Linkage Café in Boultham Park, LN6 7ST

FRIDAY

Whisby, 10.30am

Whisby Natural world Centre, Moor Lane, LN6 9BW

Birchwood, 1pm

Active Nation Leisure Centre, Birchwood Ave, LN6 OJE

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