



Food Bank Advent Calendar

Help support your local food bank over the festive period by donating an item from the Food Bank Advent Calendar each day in the run up to Christmas. Donate the items in store or collect at home, ready to drop off after the 25th December.

1 UHT long-life milk 	2 Washing powder, fabric softener 	3 Gravy, sauces
4 Tinned Meat 	5 Tinned tomatoes 	6 Toilet roll
7 Deodorant 	8 Biscuits and confectionery 	9 Tinned fish
10 Sugar 	11 Jam and spreads 	12 Breakfast cereal
13 Tea and coffee 	14 Tinned/packed desserts 	15 Long-life fruit juice
16 Sanitary products 	17 Tinned vegetables 	18 Cooking sauces
19 Toothpaste 	20 Tinned hot dogs 	21 Squash
22 Noodles 	23 Tinned fruit 	24 Custard and rice pudding

This Christmas
#givealittlesomething



How can I take part in the *Food Bank* Advent Calendar?

Food banks continue to provide vital food and support for people having a hard time. We've decided to reverse the traditional advent calendar and invite you to **#GiveALittleSomething** with the Food Bank Advent Calendar.

Every day from **1st – 24th December** you can donate a different item to your local food bank. In our food stores you'll find advent calendar numbers around the store to show you which products your local food bank needs the most. Simply pay for your items along with your shopping and pop them in the collection bins in store.

How can you join in?

In store:



Choose the items you want to donate.



Pay for the items at the till.



Pop the items in the collection bin in store.

At work, school or home:



Choose the items you want to donate.



Collect your items until after Christmas.



Drop off your items to your local food bank after Christmas.

You can find your local food bank details below or by visiting lincolnshire.coop/community.



Thank you for your support!



Other ways you can help...

Donate your dividend...

did you know that you can also donate your dividend or make a cash donation at the till point? You can do this from Day 1 of the advent calendar and throughout the whole of December. Tell our colleagues how much you'd like to donate, and we'll add it on to your shopping.

Share the calendar...

we know that not everyone is able to donate at this time, but there are other ways you can support. Even just sharing the advent calendar will be a huge help.



Volunteer...

and if you have time to spare, why not volunteer to help your local food bank at one of their busiest times of the year?



If you would like more information, please contact Lincolnshire Co-op's Community Team on 01522 544 632 or email community@lincolnshire.coop.