

# East Lindsey

## Wellbeing Walks



### MONDAY

#### **Woodhall Spa, 9.30am**

The Golf Hotel, The Broadway, LN10 6SG

#### **Stickney, 10am (every 2nd & 4th week).**

Stickney Youth Centre, PE22 8BG

### TUESDAY

#### **Horncastle, 2pm**

The Bull Hotel (courtyard), Bull Ring, LN9 5HU

#### **Louth, 2pm**

Meridian Leisure Centre, Wood Lane, LN11 8SA

#### **Louth (Endeavour), 10am**

Outside Salvation Army, by bus stop, Church Street, LN11 9BS

### WEDNESDAY

#### **Coningsby, 9.30am**

Silver Street Carpark, LN4 4SG (near Castle Lane entrance)

#### **Binbrook, 10am**

Market Place, Binbrook, LN8 6DE

#### **Wragby, 1pm**

Wragby Market Place, LN8 5QU

- ✓ Free and friendly short walks in your area
- 🔗 At your own pace and suitable for all abilities
- ☀️ Friendship, fresh air and fitness
- 💬 No pre-booking needed
- ✚ Over 80 weekly walks across Lincolnshire & Nottinghamshire
- 👟 Suitable footwear and clothing advised



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### THURSDAY

#### **Irby in the Marsh, 9.30am**

Irby & Bratoft Village Hall, Brambleberry Lane,  
PE24 5DQ

#### **Burgh Le Marsh, 10am (Every 1st Thurs of the month).**

Burgh Wellbeing Hub, Burgh Baptist Community  
Church, The Causeway, PE24 5LT

### FRIDAY

#### **Mablethorpe, 10.30am**

Mablethorpe Leisure Centre, Station Road,  
Mablethorpe, LN12 1HA

#### **Tattershall, 9.30am (1st Fri of the month).**

Tattershall Village Hall, 16 Lodge Rd, Tattershall,  
LN4 4LL

### SATURDAY

#### **Stickford, 10am (1st Sat of the month).**

Stickford Community Centre, Church Rd, PE22  
8ES

- ✓ Free and friendly short walks in your area
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