Wellbeing Walks



East Lindsey

MONDAY

Woodhall Spa, 9.30am - The Golf Hotel Car Park, The Broadway, LN10 6SG **Stickney, 10am (Fortnightly) –** Stickney Youth Centre, PE22 8BG Commencing 29th July 24.

TUESDAY

Horncastle, 2pm - The Bull Hotel (courtyard), Bull Ring, LN9 5HU
Louth, 2pm - Meridian Leisure Centre, Wood Lane, LN11 8SA
Louth (Endeavour) 10am – Outside Salvation Army, by the bus stop,, Church Street, Louth, LN11 9BS.

WEDNESDAY

Coningsby, 9.30am - Silver Street carpark, LN4 4SG (near Castle Lane entrance)
Binbrook, 10am - Binbrook Village Hall, Kirmond Road, LN8 6DS
Wragby, 1pm - Wragby Market Place, LN8 5QU

THURSDAY

Irby in the Marsh, 9.30am - Irby and Bratoft Village Hall, Brambleberry Lane, PE24 5DQ **Burgh Le Marsh, 10am** Burgh Wellbeing Hub, Burgh Baptist Community Church, The Causeway, PE24 5LT, every 1st Thurs of the month.

FRIDAY

Mablethorpe, 10.30am – Mablethorpe leisure Centre, Station Rd, Mablethorpe, LN12 1HA



Join our free and friendly short walk



At your own pace and suitable for all abilities



Friendship, fresh air and fitness



For more info contact: T: 01522 544 632 E: wellbeingwalks@lincolnshire.coop

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