Wellbeing Walks

East Lindsey

MONDAY

Woodhall Spa, 9.30am - The Golf Hotel Car Park, The Broadway, LN10 6SG
Stickney, 9.15am (1st & 3rd Monday of the month) – Stickney Youth Centre, PE22 8BG

TUESDAY

Horncastle, 2pm - The Bull Hotel (courtyard), Bull Ring, LN9 5HU
Louth, **2pm** - Meridian Leisure Centre, Wood Lane, LN11 8SA

WEDNESDAY

Coningsby, 9.30am - Silver Street carpark, LN4 4SG (near Castle Lane entrance)
Binbrook, 10am - Binbrook Village Hall, Kirmond Road, LN8 6DS
The Keals, 10.30am - Keals Village Hall, Main Road, PE23 4BD, every 2nd and 4th Wednesday of every month
Wragby, 1pm - Wragby Market Place, LN8 5QU

THURSDAY

Irby in the Marsh, 9.30am - Irby and Bratoft Village Hall, Brambleberry Lane, PE24 5DQ
Burgh Le Marsh, 10am Burgh Wellbeing Hub, Burgh Baptist Community Church, The Causeway, PE24 5LT, every 2nd Thurs of the month.

FRIDAY

Mablethorpe, 10.30am – The covered Bus Shelter, behind the Coop, in council car park, Seacroft Road
Skegness 16.30pm Skegness Night Light Café, 40 Algitha Road, Skegness, PE25 2AJ, every 2nd & 4th Friday of the month

Join our free and friendly short walk
At your own pace and suitable for all abilities
Friendship, fresh air and fitness

RAMBLERS WELLBEING WALKS

For more info contact: T: **01522 544 632** E: **wellbeingwalks@lincolnshire.coop**
W: **lincolnshire.coop/wellbeing-walks**