

# Wellbeing Walks



## East Lindsey

### **MONDAY**

**Woodhall Spa** - 9.30am  
The Golf Hotel, The Broadway, LN10 6SG

### **TUESDAY**

**Horncastle** – 2pm  
The Bull Hotel, Bull Ring, LN9 5HU

**Louth** - 2pm  
Meridian Leisure Centre, Wood Lane, LN11 8SA

### **WEDNESDAY**

**Coningsby** - 9.30am  
Silver Street carpark, Coningsby, LN4 4SG  
(near Castle Lane entrance)




### **THURSDAY**

**Sutton on Sea** - 2pm  
The Beach Bar carpark, Trusthorpe Road, LN12 2ET

### **FRIDAY**

**Mablethorpe** - 10.30am  
Station Sports Centre, Station Road, LN12 1HA

**Spilsby** - 1.30pm  
The White Hart Hotel, Cornhill, PE23 5JP

-  Join our free and friendly short walk
-  At your own pace and suitable for all abilities
-  Friendship, fresh air and fitness

 **RAMBLERS**

**WELLBEING  
WALKS**

For more info contact: T: 01522 544 632 E: [wellbeingwalks@lincolnshire.coop](mailto:wellbeingwalks@lincolnshire.coop)  
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