

# Boston

## Wellbeing Walks



### Tuesday

**A Walk in the Park - 11am** (every first Tuesday of the month).

The Aviaries, Central Park, 20 Wide Bargate, PE21 6RF (commencing May 6th 2025)

### Thursday

**Boston Utd Community Foundation - 1.30pm**

Jakemans Community Stadium, Pilgrim Way, Wyberton, PE21 7NE

- ✓ Free and friendly short walks in your area
- 🔗 At your own pace and suitable for all abilities
- ☀️ Friendship, fresh air and fitness
- 💬 No pre-booking needed
- ✚ Over 80 weekly walks across Lincolnshire & Nottinghamshire
- 👟 Suitable footwear and clothing advised

